

Dartmouth College

Dartmouth Digital Commons

Dartmouth Scholarship

Faculty Work

12-1-2021

A close association of freedom from pain, migraine-related functional disability, and other outcomes: results of a post hoc analysis of randomized lasmiditan studies SAMURAI and SPARTAN

Richard B. Lipton

Albert Einstein College of Medicine of Yeshiva University

Simin K. Baygani

Eli Lilly and Company

Stewart J. Tepper

Geisel School of Medicine at Dartmouth

John H. Krege

Eli Lilly and Company

Raghavendra Vasudeva

Eli Lilly and Company

See this page for additional authors. <https://digitalcommons.dartmouth.edu/facoa>

Dartmouth Digital Commons Citation

Lipton, Richard B.; Baygani, Simin K.; Tepper, Stewart J.; Krege, John H.; Vasudeva, Raghavendra; Pearlman, Eric M.; Hauck, Paula M.; and Loo, Li Shen, "A close association of freedom from pain, migraine-related functional disability, and other outcomes: results of a post hoc analysis of randomized lasmiditan studies SAMURAI and SPARTAN" (2021). *Dartmouth Scholarship*. 4136.

<https://digitalcommons.dartmouth.edu/facoa/4136>

This Article is brought to you for free and open access by the Faculty Work at Dartmouth Digital Commons. It has been accepted for inclusion in Dartmouth Scholarship by an authorized administrator of Dartmouth Digital Commons. For more information, please contact dartmouthdigitalcommons@groups.dartmouth.edu.

Authors

Richard B. Lipton, Simin K. Baygani, Stewart J. Tepper, John H. Krege, Raghavendra Vasudeva, Eric M. Pearlman, Paula M. Hauck, and Li Shen Loo

RESEARCH ARTICLE

Open Access



A close association of freedom from pain, migraine-related functional disability, and other outcomes: results of a post hoc analysis of randomized lasmiditan studies SAMURAI and SPARTAN

Richard B. Lipton¹, Simin K. Baygani², Stewart J. Tepper³, John H. Krege², Raghavendra Vasudeva², Eric M. Pearlman², Paula M. Hauck² and Li Shen Loo^{2*}

Abstract

Background: While pain freedom at 2 h is a key primary outcome for current trials for acute treatment of migraine, the relationship between the degree of head pain and other efficacy measures at 2 h has rarely been explored. Following lasmiditan treatment of a migraine attack with moderate or severe head pain, we contrast those who achieve pain freedom with those who achieve mild pain but not pain freedom 2 h post dosing.

Methods: Patient-level data were pooled across studies and treatment arms from two Phase 3 trials comparing lasmiditan and placebo, SAMURAI and SPARTAN. This post hoc analysis assessed freedom from the most bothersome symptom (MBS), freedom from migraine-related functional disability (disability), and improved patient global impression of change (PGIC) in patients who achieved 2 h pain freedom compared to those who experienced 2 h mild pain. Mild pain differs from pain relief which is defined as either mild pain or pain freedom.

Results: Patients who achieved 2 h pain freedom ($N = 913$), in comparison with those with 2 h mild pain ($N = 864$), were significantly more likely to experience MBS freedom (91.9% vs. 44.9%), disability freedom (87.1% and 13.4%), and improved PGIC (86.5% and 31.5%) ($p < 0.001$ for all combinations). In addition, more patients who were pain free experienced both 2 h MBS freedom and 2 h functional disability freedom (83.6%) compared to those with mild pain (10.8%; $p < 0.001$). The proportion of patients with pain freedom who did not achieve either MBS or disability freedom (4.6%) was lower than in patients with mild pain (52.4%). Lastly, 55.2% of patients experienced mild pain before disability freedom compared to 72.1% who experienced pain freedom and disability freedom at the same time.

Conclusions: This study demonstrated that, at 2 h post treatment, patients who were pain free were more likely to achieve other outcomes including freedom from their MBS, freedom from migraine-related functional disability, and improved PGIC compared to those with mild pain, confirming that 2 h pain freedom is more robustly associated with other clinical outcomes than the 2 h mild pain endpoint.

* Correspondence: loo_li_shen@lilly.com

²Eli Lilly and Company, Corporate Center, Indianapolis, IN 46285, USA

Full list of author information is available at the end of the article



© The Author(s). 2021 **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>. The Creative Commons Public Domain Dedication waiver (<http://creativecommons.org/publicdomain/zero/1.0/>) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Trial Registration: SAMURAI ([NCT02439320](#)); SPARTAN ([NCT02605174](#)).

Keywords: Lasmiditan, Migraine, Pain freedom, Pain relief, Most bothersome symptom (MBS), Functional disability, Efficacy endpoints

Background

Previously, the pain-related endpoint in migraine clinical studies accepted by regulatory bodies was 2-h pain relief (also called headache response or headache relief); it was defined as a decrease in head pain intensity from moderate or severe at the time of treatment to mild or no pain 2 h post-dose [1]. The recommended primary endpoint for acute treatment of migraine attacks was revised by the International Headache Society (IHS) and Food Drug Administration (FDA) guidelines to pain freedom at 2 h post-dose for the following reasons: 1) placebo rates for pain relief at 2 h are variable and may exceed 50% [1], 2) the pain relief endpoint defines some patients with incomplete response as achieving success, and 3) judgements about mild pain may be more subjective than judgements about no pain [2]. According to the FDA guidance, a drug effect on headache pain alone is not sufficient to claim efficacy because migraine is a complex disorder. Thus, the current recommended approach is to assess the effects of acute treatments on pain freedom along with freedom from the patients' self-identified most bothersome symptom (MBS) 2 h post-dose, chosen from photophobia, phonophobia, or nausea [3].

The relationship of pain relief and pain freedom to other acute treatment outcomes, including freedom from associated symptoms and disability as well as satisfaction with treatment has not been well explored.

Therefore, we pooled data from the two lasmiditan randomly assigned, controlled, Phase 3 studies, SAMURAI and SPARTAN, to analyze the concordance of clinical efficacy outcomes. Rather than comparing pain relief (which by definition, includes some patients with pain freedom as well as patients with mild pain) with pain freedom, we compared 3 mutually exclusive head pain outcome categories 2 h post treatment (no pain, mild pain, and moderate or severe pain) to determine the relationship of pain outcome with other clinical outcomes at 2 h post-dose.

Methods

Study design

Pooled patient-level data from double-blind, multicenter Phase 3 trials, SAMURAI ([NCT02439320](#)) and SPARTAN ([NCT02605174](#)), were included in this post hoc analysis. Details of the original study designs, randomization, and inclusion and exclusion criteria were reported previously [4, 5].

The studies adhered to the International Conference on Harmonization Good Clinical Practice guidelines and local regulatory requirements. The protocols were approved by an independent ethics committee or an institutional review board at each study site. Patients provided written informed consent for study participation.

The baseline parameters at the time of dosing for inclusion in this analysis were moderate or severe pain, a self-identified MBS (nausea, phonophobia, or photophobia), and some degree of migraine-related functional disability (functional disability).

Efficacy endpoints

Patients recorded headache pain intensity (none, mild, moderate, or severe) and whether they were experiencing nausea, phonophobia, photophobia, or vomiting at baseline and 0.5, 1, 1.5, 2, 3, 4, 24, and 48 h post-dose in an electronic diary.

Patient responses at 2 h were categorized into three mutually exclusive head pain outcome subgroups: pain freedom (reduction of headache pain severity from moderate or severe at baseline to none); improvement to mild pain (reduction from moderate or severe head pain at baseline to mild); and continued moderate/severe pain.

The pain efficacy outcome responses were compared with other clinically relevant efficacy outcomes of freedom from MBS (defined as the absence of MBS) and freedom from migraine-related functional disability. Functional disability was assessed at all time points using a 4-point ordinal scale with the question "How much is your migraine interfering with your normal activities?". Response options were "not at all", "mild interference", "marked interference", or "need complete bed rest". Functional disability freedom was defined as having "Not at all" recorded. We also assessed patient global impression of change (PGIC). PGIC is an integrated measure of drug tolerability and efficacy that captures the patient's view of improvement or decline in overall well-being after treatment [6]. PGIC was assessed with the question "How do you feel after taking study medication?" with responses recorded using a 7-point Likert scale, ranging from "very much better" to "very much worse". Patients who reported "much better" or "very much better" were considered to have improved with treatment.

Statistical analyses

All outcome combination and sequence assessments were evaluated using individual patient data. Patient-level data were pooled across studies and treatment arms (50 mg [SPARTAN only], 100 mg, 200 mg lasmiditan, and placebo) and analyzed by treatment groups. The modified intent-to-treat (mITT) population was used and included patients who took the randomly assigned treatment within 4 h of migraine onset and provided post-treatment data on headache severity or symptoms. Outcomes reported through 2 h post-dose were included in this analysis; patients were considered to fail outcomes at each time point if they used rescue medication at or before that time point.

For comparisons between outcome combinations, *p*-values were computed from a two-sided test from a logistic regression model with study, head pain outcome group, and background use of medication to reduce the frequency of migraine attacks as covariates. Firth's penalized likelihood approach was used to address potential population separation and small sample modelling concerns. Odds ratios were calculated only in cases with sufficient patients (≥ 10) to yield reasonable estimates. A *p*-value of < 0.05 was considered to indicate a statistically significant difference.

We analyzed the associations between outcome pairs (outcome A and outcome B) in a 2-by-2 matrix. The odds of two positive outcomes (outcome A-positive and outcome B-positive) in an outcome pair was tested using a Cochran-Mantel-Haenszel test with stratification by study.

For the subset of patients who achieved both a successful pain outcome and MBS freedom or functional disability freedom at 2 h, we examined the order of occurrence for those outcomes: outcome A before outcome B, or outcome B before outcome A, or both outcomes at the same assessment time point. The numerators were the number of patients within each category defined by order of outcome occurrence, and the denominator was the number of patients who experienced dual outcome by 2 h post-dose. Patients were indicated as unsustainable if they moved into and then out of the dual positive outcome group within the interval from dosing to 2 h post-dose.

Results

Patient demographics and baseline characteristics

The pooled study sample included 913 individuals who were pain free, 864 individuals who improved to mild pain, and 1052 individuals with moderate or severe pain 2-h after treatment. Patient demographics were generally similar across the 2-h head pain outcome groups. A higher proportion of patients in the group that continued to have moderate/severe pain used migraine

preventive medications, had severe headache pain, and required complete bed rest at baseline (Tables 1-2).

Concordance of pain outcomes with freedom from MBS, freedom from functional disability, and improved PGIC at 2 h

At 2 h, most patients with pain freedom ($N = 913$) also experienced MBS freedom (91.9%) or functional disability freedom (87.1%). In contrast, patients with mild pain ($N = 864$), or continued moderate/severe pain ($N = 1052$) showed lower rates of MBS freedom (44.9% and 10.3%, respectively; $p < 0.001$ vs group with pain freedom for both) or functional disability freedom (13.4% and 1.1%, respectively; $p < 0.001$ for both). Similarly, most patients (86.5%) who experienced pain freedom also reported improved PGIC compared to patients with mild pain or moderate/severe pain (31.5% and 1.7%, respectively; $p < 0.001$ for both) (Table 3).

The likelihood of patients experiencing two or more positive outcomes, from among MBS freedom, functional disability freedom or improved PGIC, for each of the head pain outcome groups was also examined. Patients with pain freedom at 2 h experienced both MBS freedom and functional disability freedom outcomes together more frequently (83.6%) compared to those with mild pain (10.8%; $p < 0.001$) or continued moderate/severe pain (0.3%). Furthermore, patients were much more likely to experience all three positive outcomes (MBS freedom, functional disability freedom, and improved PGIC) if they experienced pain freedom (74.8%) than if the pain improved to mild (7.4%; $p < 0.001$) or if the pain continued to be moderate/severe (0.2%). As expected, very few patients experienced pain freedom without achieving MBS freedom or functional disability freedom (4.6%, compared to mild pain or continued moderate/severe pain in 52.4% and 88.9%, respectively; $p < 0.001$) (Table 3). For patients who achieved freedom from MBS at 2 h, 62.8% (839/1335) were also pain free; this finding contrasts with 29.1% (388/1335) with mild pain and 8.1% (108/1335) with continued moderate/severe pain (Table 3). Similarly, in patients who experienced freedom from functional disability at 2 h post-dose, the proportion of patients who were also pain free was higher (86.1%, 795/923) than the proportion of patients who improved to mild pain (12.6%, 116/923) (Table 3). While lasmiditan-treated patients were more likely to achieve pain freedom than placebo-treated patients, among those who were pain free, the portions with successful outcomes on other endpoints were similar between patients who received lasmiditan versus placebo (Table 4).

We then evaluated the odds of achieving 2-h MBS freedom or functional disability freedom by head pain outcome groups. Pain outcomes (pain free or mild pain) were independently paired with MBS and disability

Table 1 Patient baseline demographics by head pain outcome group at 2 h post-dose

Parameter	Pain freedom (N = 913)	Improved to mild pain (N = 864)	Continued moderate/severe pain (N = 1052)
Age, mean (SD)	41.9 (12.9)	41.8 (12.1)	42.6 (11.8)
Female, n (%)	780 (85.4)	745 (86.2)	885 (84.1)
White, n (%)	711 (78.0)	734 (85.0)	908 (86.3)
Body mass index, mean (SD)	30.3 (7.8)	30.4 (10.6)	29.9 (7.8)
Family history of coronary artery disease, n (%)	277 (30.3)	251 (29.1)	346 (32.9)
Duration of migraine history years, mean (SD)	17.2 (12.6)	19.0 (12.8)	20.0 (12.8)
Average migraine attacks/month in past 3 months, mean (SD)	5.1 (1.6)	5.2 (1.9)	5.4 (2.1)
Use of migraine preventive medication ^a , n (%)	155 (17.0)	186 (21.5)	252 (24.0)

^aBased on the question “Is the subject currently using medications to reduce the frequency of migraine episodes?” asked during randomization
Notes: Data from the total population (all treatment arms combined). N = number of patients in the analysis population with 2-h pain response
SD: standard deviation

outcomes. Patients who were pain free at 2 h were more likely to be MBS free at 2 h in comparison with those who did not achieve pain freedom (patients with mild, moderate, or severe pain) (odds ratio = 35.5). Patients who had mild pain were more likely to be MBS free than those who continued to have moderate/severe pain (odds ratio = 7.1). Patients who were pain free at 2 h were more likely to be free of functional disability at 2 h in comparison with those who did not achieve pain freedom (odds ratio = 64.0). Patients who experienced mild pain were also more likely to be free of functional disability than those who continued to have moderate/severe pain (odds ratio = 13.4).

Concurrence of pain outcomes with freedom from MBS and functional disability

We next explored the relative timing of achievement of outcomes for patients who achieved freedom from pain or mild pain with either freedom from MBS or

functional disability at 2 h. The proportions of patients experiencing the outcomes sequentially or both outcomes at the same assessment time point are shown in Fig. 1. The proportions of patients achieving freedom from MBS and pain freedom or mild pain concurrently were similar (48.0% for freedom from MBS with freedom from pain and 47.4% for freedom from MBS with mild pain) (Fig. 1a). In contrast, the majority of patients experienced freedom from functional disability concurrently with freedom from pain (72.1% for pain free vs 35.3% with mild pain) (Fig. 1b). This result was similar regardless of treatment (Supplementary Fig. 1). Therefore, freedom from functional disability was more frequently concordant with freedom from pain than improvement to mild pain, and this was independent of treatment.

Discussion

This project assessed the association between freedom from pain or improvement to mild pain with freedom

Table 2 Baseline migraine characteristics by head pain outcome group at 2 h post-dose

Baseline migraine characteristic	Pain freedom (N = 913)	Improved to mild pain (N = 864)	Continued moderate/severe pain (N = 1052)
Time to dosing hours, mean (SD)	1.0 (1.7)	1.29 (1.69)	1.25 (1.56)
Pain severity, n (%)			
Severe	230 (25.2)	170 (19.7)	390 (37.1)
Moderate	683 (74.8)	694 (80.3)	662 (62.9)
Migraine-associated symptoms, n (%)			
Photophobia	726 (79.5)	713 (82.5)	903 (85.8)
Phonophobia	600 (65.7)	576 (66.7)	740 (70.3)
Nausea	384 (42.1)	395 (45.7)	556 (52.9)
Migraine-related functional disability ^a , n (%)			
Need complete bed rest	131 (14.3)	112 (13.0)	245 (23.3)
Marked interference	489 (53.6)	521 (60.3)	612 (58.2)
Mild interference	293 (32.1)	231 (26.7)	195 (18.5)

^aFunctional disability was assessed with the question “How much is your migraine interfering with your normal activities?”. Response options were “not at all”, “mild interference”, “marked interference”, or “need complete bed rest”
Notes: Data from the total population (all treatment arms combined)
SD: standard deviation

Table 3 Coexistence of positive outcome(s) with head pain outcome at 2 h

Proportion with additional outcomes at 2 h		Pain freedom (N = 913)	Improved to mild pain (N = 864)	Continued moderate/severe pain (N = 1052)
Number of outcomes	Outcome(s)			
1	MBS freedom, n (%)	839 (91.9)	388 (44.9)*	108 (10.3)*
	Functional disability freedom ^a , n (%)	795 (87.1)	116 (13.4)*	12 (1.1)*
	PGIC (much better/very much better) ^b , n (%)	790 (86.5)	272 (31.5)*	18 (1.7)*
2	Both MBS freedom and disability freedom ^a , n (%)	763 (83.6)	93 (10.8)*	3 (0.3)
3	MBS freedom, disability freedom ^a , and PGIC (much better/very much better) ^b , n (%)	683 (74.8)	64 (7.4)*	2 (0.2)
	Neither MBS nor disability freedom ^a achieved, n (%)	42 (4.6)	453 (52.4)*	935 (88.9)*
	Neither MBS freedom, disability freedom ^a , nor PGIC (much better/very much better) ^b achieved, n (%)	16 (1.8)	356 (41.2)*	925 (87.9)*

* $p < 0.001$ versus group with pain freedom at 2 h. P -values were only calculated from odds ratios if the number of patients in each specific category was ≥ 10

^aFunctional disability was assessed with the question "How much is your migraine interfering with your normal activities?" Response options were "not at all", "mild interference", "marked interference", or "need complete bed rest". Functional disability freedom was defined as having "Not at all" recorded at 2 h. Patients who recorded "Not at all" at the time of dosing were excluded from the analysis

^bPGIC was assessed with the question "How do you feel after taking study medication?" with responses recorded using a 7-point Likert scale, ranging from "very much better" to "very much worse". Patients who reported "much better" or "very much better" were considered to have improved with treatment

Notes: Data from the total population (all treatment arms combined). p -values were generated from a two-sided test from a logistic regression model with study, head pain outcome group, and background use of medication to reduce the frequency of migraine as covariates. Firth's penalized likelihood approach was used to address issues of quasi-complete separation

MBS: most bothersome symptom; PGIC: patient global impression of change

from MBS, freedom from migraine-related functional disability, and overall improvement in a series of post hoc analyses. The main finding was that MBS freedom, functional disability freedom, and improved PGIC were reported significantly more frequently in patients who achieved pain freedom compared to those who reported mild pain. The proportion of patients who experienced all three positive outcomes was approximately ten times higher in patients who achieved pain freedom compared to those with improvement to mild pain. Although pain

free rates were higher with lasmiditan than placebo, among those who achieved pain freedom, rates of MBS freedom, functional disability freedom, and improved PGIC were similar across treatment groups. These findings suggest the relationships of pain status to other outcomes at 2 h is independent of treatment with lasmiditan.

In this study, only 8% of patients achieving pain freedom at 2 h did not achieve MBS freedom. Besides this high concordance between 2-h pain freedom and MBS freedom, inclusion of a measure of associated symptoms

Table 4 Proportion of patients with additional outcomes at 2 h by treatment and head pain groups

Outcome(s)	Placebo			Lasmiditan 50 mg			Lasmiditan 100 mg			Lasmiditan 200 mg		
	PF N = 180	MP N = 239	CM/S N = 414	PF N = 135	MP N = 138	CM/S N = 160	PF N = 274	MP N = 267	CM/S N = 243	PF N = 324	MP N = 220	CM/S N = 235
MBS freedom, n (%)	168 (93.3)	98 (41.0)*	42 (10.1)*	126 (93.3)	60 (43.5)*	19 (11.9)*	249 (90.9)	131 (49.1)*	23 (9.5)*	296 (91.4)	99 (45.0)*	24 (10.2)*
Functional disability freedom ^a , n (%)	166 (92.2)	34 (14.2)*	3 (0.7)	124 (91.9)	20 (14.5)*	1 (0.6)	240 (87.6)	34 (12.7)*	4 (1.6)	265 (81.8)	28 (12.7)*	4 (1.7)
PGIC (much better/very much better), n (%)	159 (88.3)	65 (27.2)*	7 (1.7)	117 (86.7)	52 (37.7)*	2 (1.3)	243 (88.7)	84 (31.5)*	5 (2.1)	271 (83.6)	71 (32.3)*	4 (1.7)
Both MBS freedom and disability free ^a , n (%)	161 (89.4)	27 (11.3)*	1 (0.2)	119 (88.1)	16 (11.6)*	0 (0.0)	228 (83.2)	28 (10.5)*	2 (0.8)	255 (78.7)	22 (10.0)*	0 (0.0)
MBS freedom, disability freedom ^a , and PGIC (much better/very much better), n (%)	145 (80.6)	16 (6.7)*	1 (0.2)	107 (79.3)	13 (9.4)*	0 (0.0)	208 (75.9)	20 (7.5)*	1 (0.4)	223 (68.8)	15 (6.8)*	0 (0.0)

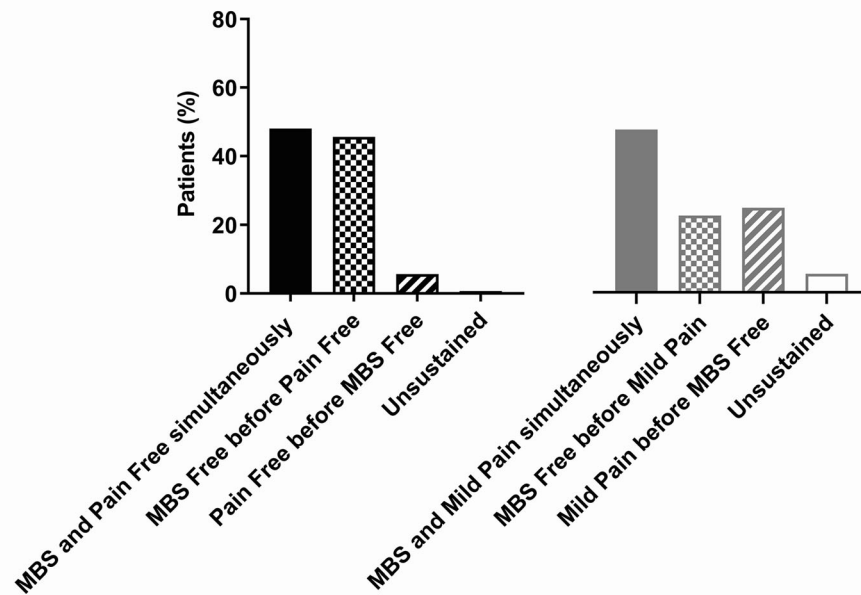
* $p < 0.001$ vs group with pain freedom at 2 h. P -values were only calculated from odds ratios if the number of patients in each specific category was ≥ 10

^aFunctional disability was assessed with the question "How much is your migraine interfering with your normal activities?". Response options were "not at all", "mild interference", "marked interference", or "need complete bed rest". Functional disability freedom was defined as having "Not at all" recorded at 2 h. Patients who recorded "Not at all" at the time of dosing were excluded from the analysis

Notes: p -values were generated from a two-sided test from a logistic regression model with study, head pain outcome group, and background use of medication to reduce the frequency of migraine as covariates. Firth's penalized likelihood approach was used to address issues of quasi-complete separation

CM/S: continued moderate/severe pain; MBS: most bothersome symptom; MP: mild pain; PF: pain freedom; PGIC: patient global impression of change

(a) Relative Timing of MBS Freedom



(b) Relative Timing of Functional Disability Freedom

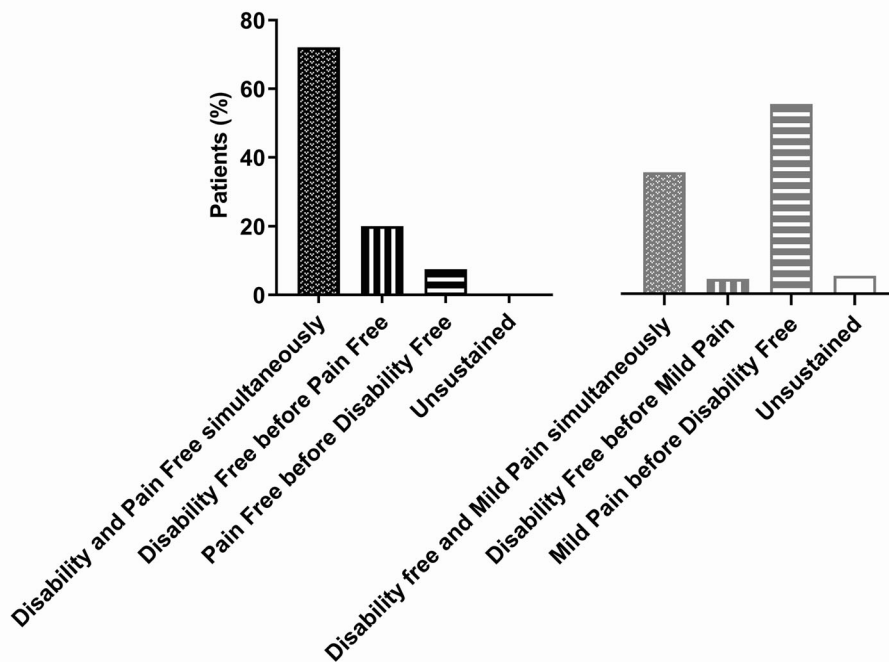


Fig. 1 Relative timing of freedom from most bothersome symptom (MBS) or functional disability and pain status. **(a)** Sequence of outcomes in patients that experienced MBS freedom and either pain freedom ($N = 839$) or mild pain ($N = 388$) at 2 h. **(b)** Sequence of outcomes in patients that experienced functional disability freedom and either pain freedom ($N = 795$) or mild pain ($N = 116$) at 2 h. Notes: Unsustained represented patients who experienced freedom from MBS or functional disability freedom and either freedom from pain or improvement to mild and then moved out of that group prior to 2 h post-dose. The denominator was the total population that achieved the MBS freedom or disability freedom at 2 h post-dose in either the pain free or mild pain groups

in clinical studies in general adds value because migraine is a symptom complex [7] that includes pain and associated symptoms. We believe that treatments for migraine should relieve both pain and the associated symptoms that patients find bothersome.

Functional disability freedom and pain freedom occurred simultaneously in a high proportion of patients, suggesting a close temporal association of these outcomes. The analysis showed that in the subset of patients with pain freedom and functional disability freedom by 2 h, the majority (72.1%) achieved both outcomes at the same assessment time. These findings indicate that the outcome of pain freedom generally occurs with return to normal function. Similar results were observed in the placebo group, which implies that the observation may be related to disease recovery, whether spontaneous or induced by treatment.

Previous studies [8–13] evaluated qualities most important to patients when assessing the efficacy of an acute treatment of migraine. Rapid onset of complete pain elimination is a priority for patients and is a predictor of satisfaction with acute therapy [11]. Pain relief, in contrast, especially at early time points, consists mainly of reduction to mild head pain rather than pain freedom. Based on analysis of randomly assigned, controlled trials of acute treatments for migraine, including lasmiditan, aspirin, ibuprofen, ergotamine, and triptans (sumatriptan, zolmitriptan, naratriptan, almotriptan, and rizatriptan), mild headache constitutes 90% of patients with headache relief after 0.5 h versus 40% of patients with headache relief at 2 h [14]. Furthermore, among patients with episodic migraine, insufficient acute treatment effectiveness is associated with a higher risk of new onset chronic migraine within 1 year [15], and pain freedom was associated with a lower likelihood of and delayed headache recurrence in a study of naratriptan [16]. This current analysis revealed that in comparison with 2-h mild pain, patients achieving 2-h pain freedom were more likely to also achieve MBS freedom, return to normal function, and improved PGIC. Thus, these findings provide additional support for the use of head pain freedom at 2 h as a primary outcome measure of efficacy for acute treatments of migraine.

One analysis suggested that pain relief was associated with decreased migraine-associated disability and that functional ability can be restored before pain freedom [17]. However, pain relief in that study included those with both mild pain and no pain 2 h post-dose. In our analysis, we found that freedom from functional disability was reported before the onset of pain freedom in 20% of patients. Rates of freedom from functional disability in those with mild pain at 2 h are modest (13.4%) compared to those with freedom from pain at 2 h (87.1%). Moreover, 72.1% of patients achieved freedom from pain and disability concurrently versus 35.3% with mild pain.

Strengths of this post hoc analysis included the large number of patients pooled from two almost identical Phase 3 clinical trials. The results show a large difference between patients achieving pain freedom versus those reporting mild pain that is biologically plausible and unlikely to be a result of chance. The findings were consistent regardless of treatment assignment to active drug versus placebo in these clinical trials.

A limitation is that it is unknown whether other acute treatments for migraine could potentially alter the relationships among study outcomes or if similar results would be obtained with other treatments. In addition, this analysis examined three levels of pain outcomes (none, mild, or moderate/severe). Certain baseline characteristics were not evenly distributed among the three groups, and it is possible that the migraine attacks experienced in the continued moderate/severe pain group are more difficult to treat than the other groups. Several studies have shown that early dosing was associated with mild pain [18, 19]. As more patients in the 2-h pain free group vs the improved to mild pain group had severe pain at baseline, any benefit of early time to dosing observed in this study becomes less clear. Additionally, time to dosing with lasmiditan does not greatly impact the proportion of patients experiencing pain freedom [20]. Although functional status was evaluated on a 4-point ordinal scale, we evaluated functional status as a binary outcome (disability freedom or no disability freedom) because disability freedom is the therapeutic goal of treatment. In a previous analysis of 2 randomized, placebo-controlled clinical trials of rizatriptan, complete satisfaction with treatment was more common in patients returning to normal function (23 and 11%) versus those with mild impairment (1.3 and 1.6%) at 2 h [9].

Conclusion

Compared with improvement to mild pain, freedom from head pain at 2 h post-dose was more frequently associated with freedom from MBS, freedom from migraine-related functional disability, and improved PGIC at 2 h post-dose. Thus, in the acute treatment of migraine, freedom from pain appears to be a more powerful predictor of other clinically important outcomes than improvement to mild pain. Pain freedom is a highly desirable outcome for patients and is a valid endpoint to indicate the effectiveness of an acute treatment for migraine.

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s10194-021-01303-w>.

Additional file 1: Supplemental Figure 1. Relative timing of freedom from functional disability and pain status by dose. Sequence of outcomes

in patients that experienced functional disability freedom and either pain freedom (left panel) or mild pain (right panel) at 2 h. Notes: "Unsustained" category represented patients who experienced freedom from MBS or functional disability freedom and either freedom from pain or improvement to mild and then moved out of that group prior to 2 h post-dose. The denominator was the total population that achieved the MBS freedom or disability freedom at 2 h post-dose in either the pain free or mild pain groups.

Acknowledgements

Not applicable.

Data sharing statement

Lilly provides access to all individual participant data collected during the trial, after anonymization, with the exception of pharmacokinetic or genetic data. Data are available to request 6 months after the indication studied has been approved in the US and EU and after primary publication acceptance, whichever is later. No expiration date of data requests is currently set once data are made available. Access is provided after a proposal has been approved by an independent review committee identified for this purpose and after receipt of a signed data sharing agreement. Data and documents, including the study protocol, statistical analysis plan, clinical study report, blank or annotated case report forms, will be provided in a secure data sharing environment. For details on submitting a request, see the instructions provided at www.vivli.org.

Authors' contributions

RBL, SKB, SJT, JHK, RV, EMP, and LL were involved in study conception and design. SB performed data analysis. RBL, SKB, SJT, JHK, RV, EMP, PMH, and LL provided data interpretation. RBL, SKB, SJT, JHK, RV, EMP, PMH, and LL were involved in drafting/revising the article. RBL, SKB, SJT, JHK, RV, EMP, PMH, and LL provided final approval of the version to be published.

Authors' information

Not applicable

Funding

This study was sponsored Eli Lilly and Company, Indianapolis, Indiana, USA. The SAMURAI and SPARTAN clinical trials, which were the source of the data analyzed, were funded by CoLucid Pharmaceuticals, Inc. CoLucid is a wholly owned subsidiary of Eli Lilly and Company.

Declarations

Ethics approval and consent to participate

The studies adhered to the International Conference on Harmonization Good Clinical Practice guidelines and local regulatory requirements. The protocols were approved by an independent ethics committee or an institutional review board at each study site. Patients provided written informed consent for study participation.

- SAMURAI
 - Biomedical Research Alliance of New York Institutional Review Board (BRANY IRB); IRB# 00000080
 - Thomas Jefferson University; IRB #00000152
 - Chesapeake IRB; IRB#00000790
 - Crescent City IRB
- SPARTAN
 - Chesapeake
 - Compass IRB
 - Ärztekammer Niedersachsen Ethikkommission
 - Bayerische Landesärztekammer Ethikkommission
 - Ethik-Kommission bei der Landesärztekammer Baden-Württemberg
 - Ethik-Kommission der Ärztekammer Westfalen-Lippe und der Medizinischen Fakultät der Westfälischen Wilhelms-Universität München
 - Ethikkommission des Fachbereichs Medizin der Ludwig-Maximilians Universität
 - Geschäftsstelle der Ethikkommission des Landes Berlin

- Landesamt für Gesundheit und Soziales/Landesärztekammer Hessen Ethikkommission
- Sächsische Landesärztekammer Ethikkommission
- London - Bloomsbury Research Ethics Committee

Consent for publication

Not applicable.

Competing interests

RL: – Edwin S. Lowe Professor of Neurology at the Albert Einstein College of Medicine in New York. Receives research support from the NIH, from the Migraine Research Foundation and the National Headache Foundation. Serves on the editorial board of *Neurology*, senior advisor to *Headache*, and associate editor to *Cephalalgia*. Reviewed for the NIA and NINDS, holds stock options in eNeura Therapeutics and Biohaven Holdings; serves as consultant, advisory board member, or has received honoraria from or conducted studies funded by the American Academy of Neurology, Abbvie/Allergan, American Headache Society, Amgen, Biohaven, Dr. Reddy's, Electrocore, Eli Lilly and Company, eNeura Therapeutics, GlaxoSmithKline, Merck, Pernix, Teva, Trigemina, Vector, Vedanta. Receives royalties from Wolff's *Headache* 7th and 8th Edition, Oxford Press University, 2009, Wiley and Informa. ST: - Grants for research (no personal compensation): Allergan, Amgen, Dr. Reddy's, ElectroCore, Eli Lilly, eNeura, Lundbeck, Neuroliof, Novartis, Satsuma, Scion Neurostim, Teva, Zosano. Consultant and/or Advisory Boards (honoraria): Acorda, Aeon, Alexsa, Align Strategies, Allergan, Alphasights, Amgen, Aperture Venture Partners, Aralez Pharmaceuticals Canada, Axsome Therapeutics, Becker Pharmaceutical Consulting, BioDelivery Sciences International, Biohaven, Charleston Labs, ClearView Helathcare Partners, CoolTech, CRG, Currax, Decision Resources, DeepBench, Eli Lilly, eNeura, Equinox, ExpertConnect, GLG, GSK, Guidepoint Global, Healthcare Consultancy Group, Health Science Communications, Impel, Lundbeck, M3 Global Research, Magellan Rx Management, Marcia Berenson Connected Research and Consulting, Medixi, Navigant Consulting, Neuroliof, Nordic BioTech, Novartis, Pulmatrix, Reckner Healthcare, Relevale, Revance, SAI MedPartners, Satsuma, Scion Neurostim, Slingshot Insights, Sorrento, Spherix Global Insights, Sudler and Hennessey, Synapse Medical Communications, System Analytic, Teva, Theranica, Thought Leader Select, Trinity Partners, Unity HA, XOC, Zosano. Salary: Dartmouth-Hitchcock Medical Center, American Headache Society, Thomas Jefferson University. CME honoraria: American Academy of Neurology, American Headache Society, Cleveland Clinic Foundation, Diamond Headache Clinic, Elsevier, Forefront Collaborative, Hamilton General Hospital, Ontario, Canada, Headache Cooperative of New England, Henry Ford Hospital, Detroit, Inova, Medical Learning Institute Peerview, Medical Education Speakers Network, Miller Medical Communications, North American Center for CME, Physicians' Education Resource, Rockpointe, ScientiaCME, WebMD/Medscape. SKB, JHK, RV, EMP, PMH and LSL, are full-time employees and minor stockholders of Eli Lilly and Company.

Author details

¹Albert Einstein College of Medicine, Bronx, NY, USA. ²Eli Lilly and Company, Corporate Center, Indianapolis, IN 46285, USA. ³Geisel School of Medicine, Dartmouth College, Hanover, NH, USA.

Received: 30 March 2021 Accepted: 25 July 2021

Published online: 28 August 2021

References

1. Diener HC, Tassorelli C, Dodick DW, Silberstein SD, Lipton RB, Ashina M et al (2019) Guidelines of the international headache society for controlled trials of acute treatment of migraine attacks in adults: fourth edition. *Cephalalgia*. 39(6):687–710
2. Garcia-Azorin D, Yamani N, Messina LM, Peeters I, Ferrilli M, Ovchinnikov D et al (2018) A PRISMA-compliant systematic review of the endpoints employed to evaluate symptomatic treatments for primary headaches. *J Headache Pain* 19(1):90
3. U.S. Department of Health and Human Services Food and Drug Administration. Migraine: Developing Drugs for Acute Treatment Guidance for Industry <https://www.fda.gov/media/89829/download> Accessed May, 2021. 2018

4. Goadsby PJ, Wietcha LA, Dennehy EB, Kuca B, Case MG, Aurora SK et al (2019) Phase 3 randomized, placebo-controlled, double-blind study of lasmiditan for acute treatment of migraine. *Brain*. 142(7):1894–1904
5. Kuca B, Silberstein SD, Wietcha L, Berg PH, Dozier G, Lipton RB et al (2018) Lasmiditan is an effective acute treatment for migraine: a phase 3 randomized study. *Neurology*. 91(24):e2222–e2e32
6. Smith T, Krege JH, Rathmann SS, et al. Improvement in Function after Lasmiditan Treatment: Post Hoc Analysis of Data from Phase 3 Studies. *Neurol Ther*. 2020;9(2):459-71.
7. Dalessio DJ (1978) Mechanisms of headache. *Med Clin North Am* 62(3):429–442
8. Smelt AF, Louter MA, Kies DA, Blom JW, Terwindt GM, van der Heijden GJ et al (2014) What do patients consider to be the most important outcomes for effectiveness studies on migraine treatment? Results of a Delphi study. *PLoS One* 9(6):e98933
9. Davies GM, Santanello N, Lipton R (2000) Determinants of patient satisfaction with migraine therapy. *Cephalalgia*. 20(6):554–560
10. Lanteri-Minet M (2005) What do patients want from their acute migraine therapy? *Eur Neurol* 53(Suppl 1):3–9
11. Lipton RB, Hamelsky SW, Dayno JM (2002) What do patients with migraine want from acute migraine treatment? *Headache*. 42(Suppl 1):3–9
12. Lipton RB, Stewart WF (1999) Acute migraine therapy: do doctors understand what patients with migraine want from therapy? *Headache* 39(s2):S20–S56
13. Pietrini U, De Luca M, Del Bene E (2002) Endpoints to evaluate efficacy of symptomatic drugs in migraine: what do patients want? *Headache*. 42(9): 948–949
14. Tfelt-Hansen P, Diener HC. Pain freedom after 2 hours should be the primary outcome in controlled trials treating migraine attacks. *Cephalalgia*. 2020;40(12):1331-5.
15. Lipton RB, Fanning KM, Serrano D, Reed ML, Cady R, Buse DC (2015) Ineffective acute treatment of episodic migraine is associated with new-onset chronic migraine. *Neurology*. 84(7):688–695
16. Sheftell F, O'Quinn S, Watson C, Pait D, Winter P (2000) Low migraine headache recurrence with naratriptan: clinical parameters related to recurrence. *Headache*. 40(2):103–110
17. Dodick DW, Lipton RB, Ailani J, Halker Singh RB, Shewale AR, Zhao S et al (2020) Ubrogepant, an acute treatment for migraine, improved patient-reported functional disability and satisfaction in 2 single-attack phase 3 randomized trials, ACHIEVE I and II. *Headache* 60(4):686–700
18. Brandes JL, Kudrow D, Cady R, Tiseo PJ, Sun W, Sikes CR (2005) Eletriptan in the early treatment of acute migraine: influence of pain intensity and time of dosing. *Cephalalgia*. 25(9):735–742
19. Peres MFP, Vasudeva R, Baygani SK, Dennehy EB, Vincent M, Friedman DL. Lasmiditan efficacy in migraine attacks with mild vs. moderate or severe pain. *Current Medical Research and Opinion*. 37(6):1031-8.
20. Tepper SJ, Vasudeva R, Krege JH, Rathmann SS, Doty E, Vargas BB et al (2020) Evaluation of 2-hour post-dose efficacy of Lasmiditan for the acute treatment of difficult-to-treat migraine attacks. *Headache*. 60(8):1601–1615

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

