

# My Lesbian Experience With Loneliness

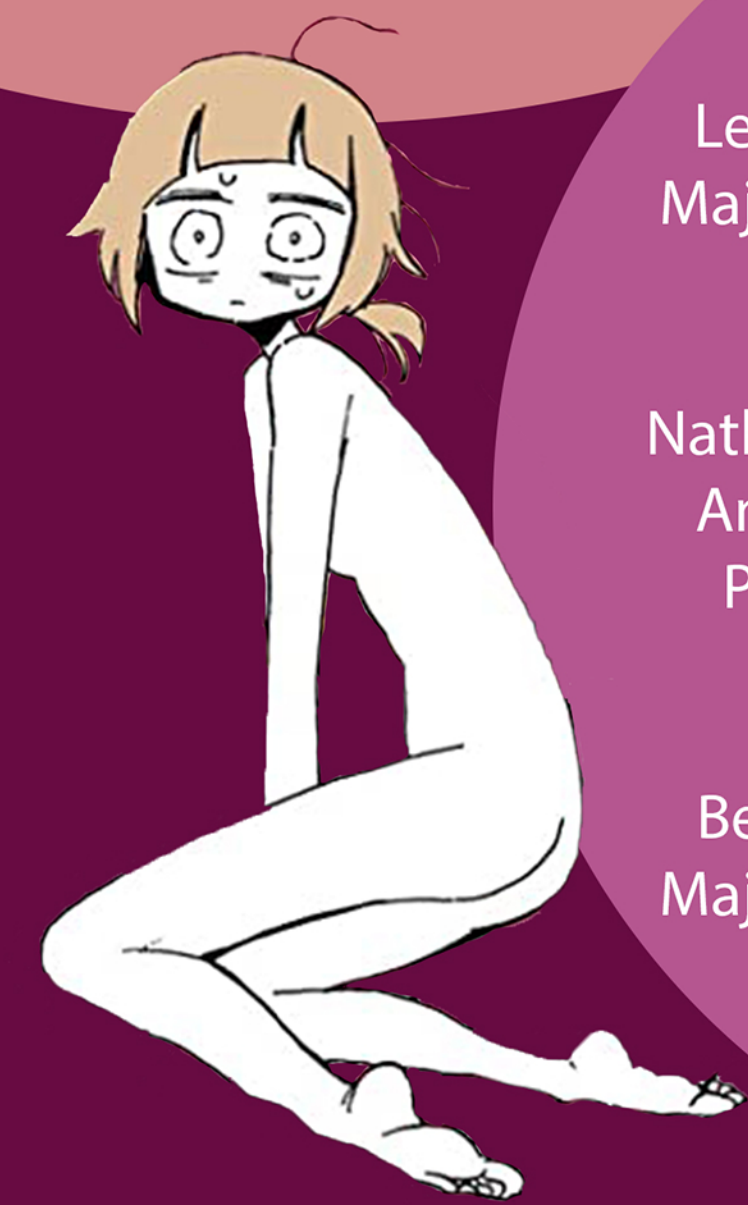
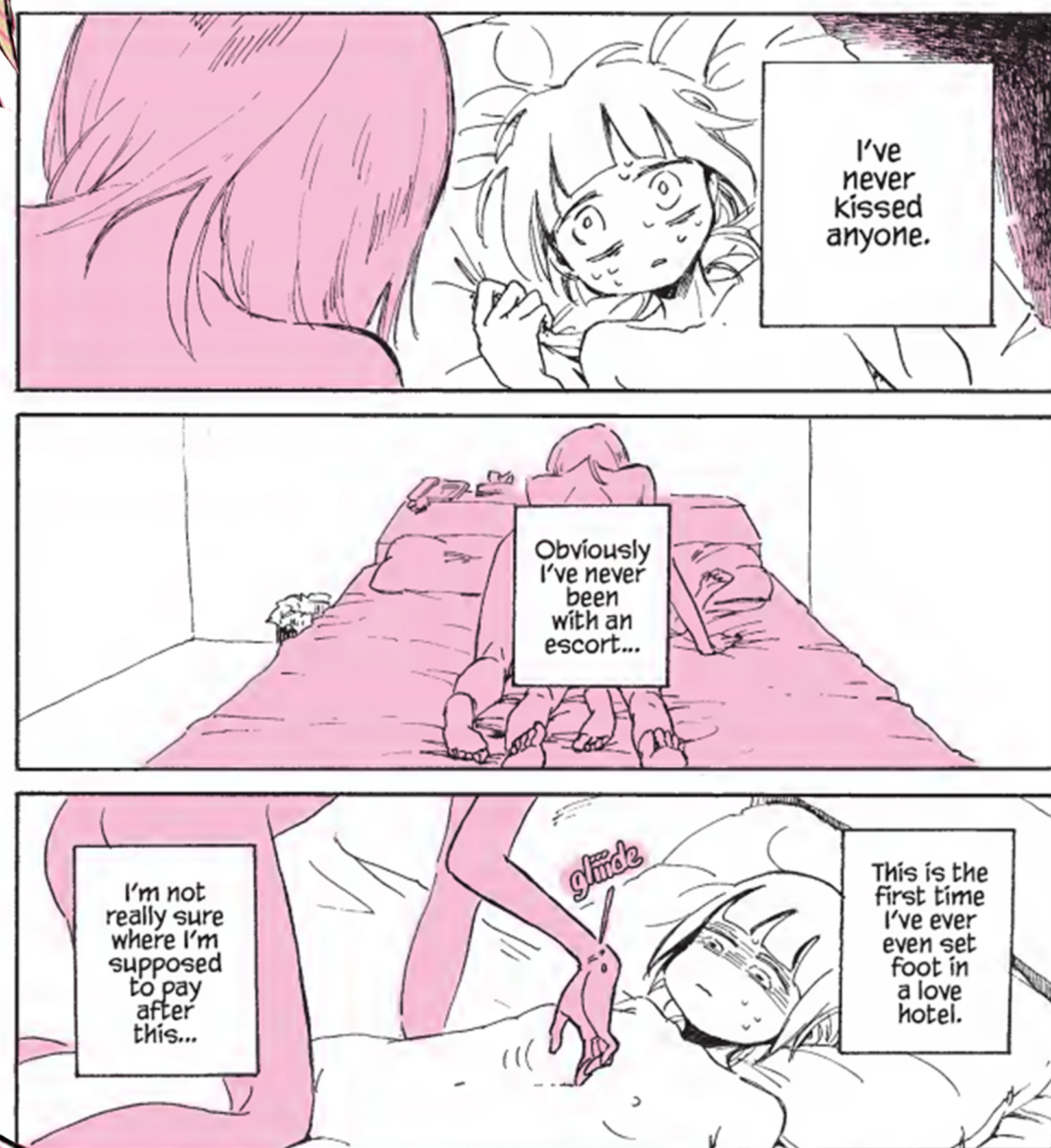
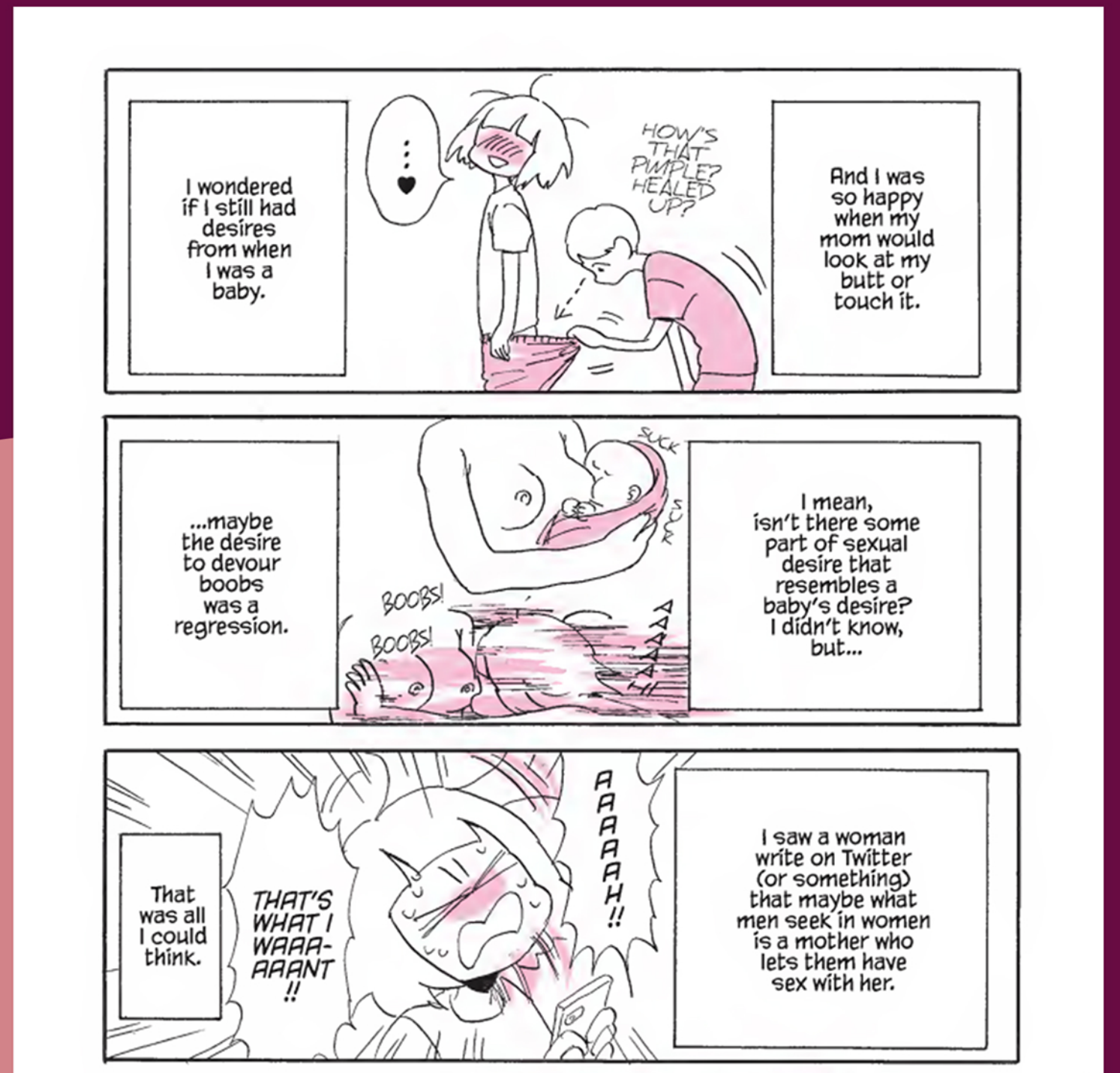
ASCL 60.26: Thinking of Contemporary Issues  
in Japan through Graphic Novels

## Sexual Expectations

Sexual expectations can be heavily influenced by the media that adolescents consume. As Nagata navigates her first two sexual encounters, she realizes that her sexual satisfaction is affected by the unrealistic portrayals of sex that she has read in manga. Nagata's misinformed expectations, paired with her struggles to effectively communicate her feelings, causes her to have an unenjoyable first experience. My Lesbian Experience with Loneliness sheds light on the importance of clear communication and setting realistic expectations when forming relationships, thus providing the crucial tools for creating a collective community at Dartmouth.

## Mommy Issues

Parental expectations can be a driving force in children's development of their self worth and sexuality. In My Lesbian Experience with Loneliness, Nagata bases much of her life around what she thinks her parents want. This same focus on parental validation leads Nagata to dependency and a psychosexual attachment to her mother. As part of her journey to self validation and understanding of what she truly wants out of life, Nagata confronts her relationship with her mother and how it has impacted her sexuality.



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